

May 2021 Newsletter



Concrete Support in Times of Need

Parenting Communities partners with families to help them navigate finding concrete supports in times of need. Many factors can affect a family's ability to care for their children, stress being one of them.

We can help families identify and access resources in the community. This helps families alleviate stress so they can still provide the best care for their children.

Studies have shown that by providing concrete supports may also help prevent the unintended neglect that sometimes occurs when parents are unable to provide for their children. If you need support, we are here for you.



Community Health Worker

Kathy has lived in Leelanau County for 37 years. She has raised 3 children here and now has three grandchildren. She has worked in the field of early childhood development for the past 25 years. Most of that time has been with Parenting Communities. Kathy loves gardening, cooking, and playing with her dog Luna.



Community Health Worker

Hollie has worked with Parenting Communities since June of 2018. She is married and has 2 children of her own. Hollie took her children to PC playgroups to provide social connection for both herself and her children. Hollie has a bachelor's in education with an early childhood endorsement. She also has a Lower Elementary Montessori certification. Hollie enjoys practicing yoga, being in nature, paddle boarding, and spending time with her family & pets.



Social Worker

Heather works with families in the Maternal Infant Health Program and Parenting Communities. For the past 20+ years, she has worked alongside families as an advocate, teacher, and community support. She has a master's in social work and has a special interest in connecting with women. She is a single mother of a teen son and grown daughter, and recently became a grandmother. She loves nature, especially near water and dreams of learning to sail.

Want to connect? Our contact info is at the bottom of the calendar.

Baby & Me Group









Join us for our Baby & Me group the 1st & 3rd Wednesday of the month at 10 (next meeting is on May 5th). This group is meant for parents with infants under 12 months old. To bring parents together to share their experiences with their infant, to learn from one another, and develop new friendships. This month we will talk about infant water safety with a local swim instructor, Camille Frixen and literacy & finger plays with Suttons Bay library's Youth Coordinator, Ms. Mary. Check out our Facebook page for more information,





CALLING ALL LEELANAU FAMILIES WITH CHILDREN BIRTH TO AGE 6!

Your input is needed to help shape Parenting Communities of Leelanau County

Complete our short survey to tell us what opportunities, family activities and support you would like to see.





https://www.surveymonkey.com/r/VGFZ6N6



Parenting Communities Calendar May 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No playgroups until June	26 LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	27 Suttons Bay Bingham Twp Library Story Hour @ 9:30 (check FB for details) Rooted Beginnings Support Group @ GT Lk Children's Museum 10-11:30	28	29 Stories & More with Glen Lake Community Library @ 11 (via Zoom) Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am	Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)	1 Farmers Market @ Cass & Grand View Pkwy. 7:30-12
National Teacher Thusk, Appreciation Void Week	3 LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	4 May the 4th be with You! Suttons Bay Bingham Twp Library Pre-k Story Time @ 10:30 (check FB for updates) Rooted Beginnings Support Group @ GT Lk Children's Museum 10-11:30	Cinco de Mayo Parenting Communities Virtual Baby & Me Group via ZOOM 10am (check FB for details) Leelanau Laundry Project 8-11:45am (last wash 10:30)	6 Stories & More with Glen Lake Community Library @ 11 (via Zoom) Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am	7 Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)	8 Farmers Market @ Cass & Grand View Pkwy. 7:30-12
Mother's	10 LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	Suttons Bay Bingham Twp Library Pre-k Story Time @ 10:30 (check FB for updates) Rooted Beginnings Support Group @ GT Lk Children's Museum 10-11:30	12 Leelanau Laundry Project 8-11:45am (last wash 10:30)	13 Stories & More with Glen Lake Community Library @ 11 (via Zoom) Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am	14 Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)	15 Farmers Market @ Cass & Grand View Pkwy. 7:30-12
16	17 LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	18 Suttons Bay Bingham Twp Library Pre-k Story Time @ 10:30 (check FB for updates) Rooted Beginnings Support Group @ GT Lk Children's Museum 10-11:30	Parenting Communities Virtual Baby & Me Group via ZOOM 10am (check FB for details) Leelanau Laundry Project 8-11:45am (last wash 10:30)	20 Stories & More with Glen Lake Community Library @ 11 (via Zoom) Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am	Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)	National Maritime Day Farmers Market @ Cass & Grand View Pkwy. 7:30-122
30 Holoful Phone Num	24 LCN: Food Pantry 2-6 Baby Pantry2-6 NAM 2-4 31 NO LCN In our memory of those lost on this	Suttons Bay Bingham Twp Library Pre-k Story Time @ 10:30 (check FB for updates)	26	27 Stories & More with Glen Lake Community Library @ 11 (via Zoom) Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am	Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)	29 Farmers Market @ Cass & Grand View Pkwy. 7:30-12

Helpful Phone Numbers/Links

Benzie-Leelanau District Health Dept. (231)256-0200 Community Connections 1-833-674-2159 LCN 7322 E. Duck Lk Rd.: (231) 994-2271

NMHSI Medical/Dental: 947-0351

Parenting Communities Community Health Workers:

Hollie Anderson (231)357-5777

Kathy Bartell (231)357-5443

Heather Muha ~ Social Worker (231)383-2856 https://www.facebook.com/PCLeelanau/



Leelanau Office 7401 E. Duck Lake Rd Ste 100 Lake Leelanau, MI 49653



@PCLeelanau