

January 2021 Newsletter



Where are we with the **COVID-19 Vaccine?**

direct or indirect exposure to patients or infectious materials and are unable to work from home as well as residents in long term care facilities.

Priority One: Keep critical health care infrastructure open and functioning (i.a hospitals, critical care units, and emergency medical response systems) throu the vaccination of staff who perform direct patient care and work in critical area: Priority Two. Prevent outbreaks and protect residents in long-term care facilities

includes workers with direct patient contact (dentists, endoscopy, outpatient clinics, ambulatory care, home health, and urgent care) as well as workers who have indirect patient contact with specialized skills critical to health care system functioning (laboratories, pharmacies).

COVID-19 Vaccination Information Form- Phase 1A can get added to our list now!

Phase 1b Adults 75 years and older and frontline workers key to societal functioning should be prioritized.

CoV-2 because their work-related duties must be performed on-site and involve being in close proximity (i.e., within 6 feet) to the public or to coworkers. Examples teachers, childcare workers, police officers, firefighters, food and agriculture workers, critical manufacturing workers, correction worker, US postal service workers, public transit workers, grocery store workers, workers in homeless shelters, congregate child care institutions adult and child protective services, and workers with unique skill sets not

Phase 1c Adults 65 years and older, individuals (16 years +) with underlying medical conditions that put them at higher risk of getting severely ill from COVID-19, and other essential non-frontline workers including those who work in construction, waste, trucking, and foodservice

Phase 2 All adults (16 years and older).

The public should continue to watch our website, Facebook, and daily updates to stay informed!

For more information go to 8 Things to Know about the U.S. COVID-19 Vaccination Program | CDC

THE COVID-19 VACCINE

























Parental Resilience

We all experience stress. But how we handle our stress really impacts our family, both positively and negatively. When we learn how to manage our stress positively, like seeking support when we need it or maintaining a positive outlook when things are tough, we are building our resilience. When we strengthen our resilience, we are also teaching our children that it's okay to experience stress, as well as giving them tools to use when they experience stress. Parental resilience has a positive impact on everyone!





BABY & ME Group

Join us for our first Baby & Me group on the third Wednesday of the month at 10, starting Jan. 20th. This group is meant to bring parents together to discuss their experiences with their infant and to learn from one another. We weren't meant to parent alone! This group is meant for parents with a baby 12 months old and under. Check out our Facebook page for more information, @PCLeelanau!





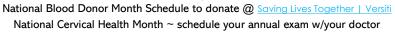








Parenting Communities Calendar January 2021





Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
NO PLAY GROUPS UNTIL FURTHER NOTICE	28 LCN CLOSED	29 Suttons Bay Bingham Twp Library virtual story hour @ 9:30	30 Leelanau Laundry Project 8-11:45am (last wash 10:30) Donate Blood @ Solon Twp. Hall, Cedar 12:15-5	31 Donate Blood @ Park Place Hotel 9-2:30	1 Happy New Year	2 Indoor Farmers Market @ The Village Commons 10-2
3	4 World Braille Day LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	5 Suttons Bay Bingham Twp Library virtual story hour @ 9:30	6 Epiphany Day	7 Orthodox Xmas	8	9 Law Enforcement Appreciation Day Indoor Farmers Market @ The Village Commons 10-2
10	LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	12 Suttons Bay Bingham Twp Library virtual story hour @ 9:30	Leelanau Laundry Project 8-11:45am (last wash 10:30)	14 Orthodox New Year	15	16 Religious Freedom Day Indoor Farmers Market @ The Village Commons 10-2
17	18 Martin Luther King (MLK) Day LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	19 Suttons Bay Bingham Twp Library virtual story hour @ 9:30	20 Inaugu Day Parenting Communities Virtual Baby & Me Group via Z00M 10am (check FB for details)	21	22	Indoor Farmers Market @ The Village Commons 10-2
24 National Compliment Day	LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4	26 Suttons Bay Bingham Twp Library virtual story hour @ 9:30	Firefighter Recognition Day Holocaust Memorial Day	28 Data Privacy Day Google collects a frightening amount of data about you. You can find and delete it now- CNET	29	30 Civil Liberties & Constitution Day Indoor Farmers Market @ The Village Commons 10-2

To schedule to donate blood anytime, contact the Versiti Blood Center of Michigan at (616)233-8509 or register online at versiti.org

Helpful Phone Numbers/Links

Benzie-Leelanau District Health Dept. (231)256-0200 Community Connections 1-833-674-2159 LCN 7322 E. Duck Lk Rd.: (231) 994-2271 NMHSI Medical/Dental: 947-0351

Parenting Communities Community Health Workers:

Hollie Anderson (231)357-5777 Kathy Bartell (231)357-5443

https://www.facebook.com/PCLeelanau/

