

November 8, 2022

Be a Flu Fighter

Take Action During National Influenza Vaccination Week

While fall begins the focus on flu season, December kicks off with National Influenza Vaccination Week, Dec. 5-9. Flu remains a significant public health concern, and the observance of National Influenza Vaccination Week reminds people that there's still time to get a flu shot. The protects against flu and prevents the illness and potentially the serious complications that can result.

"Flu shots make a difference, and it is not too late to get your vaccine today," said Dr. Joshua Meyerson, Medical Director. "The flu shot is recommended for everyone 6 months and up. This year, there is increased focus on high-dose flu shots for our seniors."

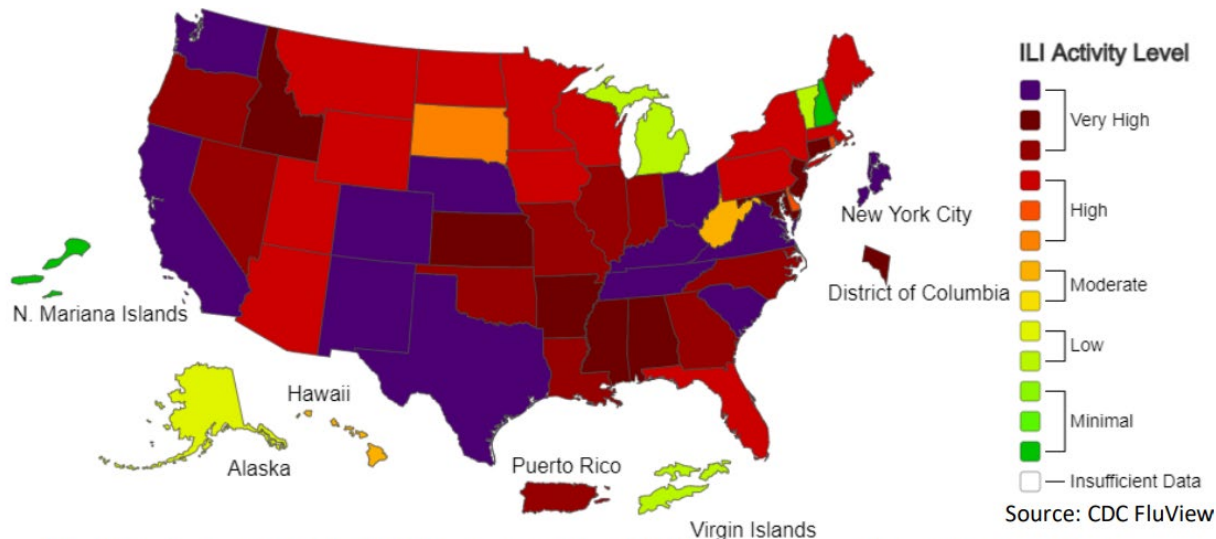
According to the U.S. Centers for Disease Control and Prevention (CDC), only about 51% of Americans get their annual flu shot, making the flu a continuing community concern every fall and through the winter.

The National Foundation for Infectious Diseases is urging everyone 6 month and older to get their flu vaccine, especially [adults whose chronic](#) health conditions put them at higher risk for complications. In past flu seasons, 9 out of 10 adults [hospitalized](#) for flu had at least one underlying medical condition.

Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.

2022-23 Influenza Season Week 47 ending Nov 26, 2022



Note: This map represents U.S. ILI activity levels reported to ILINet. The display used in past seasons showing Geographic spread of influenza has been suspended for the 2022-2023 influenza season

Currently, Michigan is seeing low seasonal influenza activity, but seasonal flu is elevated across the country. Human influenza A and B viruses are the types that cause seasonal epidemics and are those best addressed in this season's influenza vaccine.

It takes minutes to schedule an appointment for a vaccine. It takes minutes to receive the vaccine.

Contact the health department to schedule a vaccine, visit your primary physician, or a local pharmacy which administers the vaccines. Otherwise, visit [vaccines.gov](https://www.vaccines.gov) to find a flu vaccination location near you.

If you would like more information on flu activity in Michigan, go to [Michigan Flu Focus](#).

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